



**Activities Unlimited General Meeting
Tuesday, March 8, 2022 1:00PM
Ambulance Corp Building
480 Bender Court Franklin Lakes, NJ**

Guest Speaker: Murray Pearl

Topic: **Vaccination History**

Murray is one of our own. He has been a member of Activities Unlimited since 2015.

He retired as the Director of Science for the Westwood Regional School District.

He is a member of the advisory board for the *DNA Interactive* website produced by the Cold Spring Harbor Laboratory Learning Center.

Murray developed the *Maintaining Balance in Microgravity* and the *Surviving Radiation in Space* modules for NASA Education and the National Space Biomedical Research Institute.

Additional accomplishments included development of the Molecular Biology curriculum for the *Macy Medical Professions Program* sponsored by the Harvard School of Public Health and development of the *Genetics of Behavior* module for the Mount Sinai School of Medicine and the Greenwall Foundation.

Annual Spring Luncheon/Dance at Indian Trail Club, Franklin Lakes, NJ on May 10, 2022.

Doors open at Noon. Buffet Lunch served at 12:20, with music provided by the AU Band.

The cost this year is \$35.00 per person for a fun packed afternoon. Send checks made out to Activities Unlimited to **James Atieh**, 27 Grove Street, Oakland, NJ 07436

AU collected \$116 for the WRC Food Pantry in February

NOTE FROM THE PRESIDENT

Another month has passed and we are now only 21 days away from SPRING! Not too late for snow but as evidenced by the temperate weather over the past couple of weeks, we can soon look forward to getting outside for Golf, Tennis, Pickle Ball, Bocce, Hiking and other sports. The Garden Club headed by **Fred Thiele** is planning their first meeting of the year at 1:00 pm on March 1, at the VFW in Midland Park. Plan on joining him and getting a head start on spring gardening. Also, look for photos in this month's newsletter of the Golf luncheon at Fiona's on February 3 and the Luncheon Club at Varkas in Ramsey on the 17th. Don't miss out, review the website for the club meeting schedule and join your AU friends.

Harry Bennett has massaged the meeting schedule once again, hopefully for the last time for a while and accommodated all of the clubs with space and times. In addition, I wanted to announce that the investment study group has been restarted under the chairmanship of **Dennis LaBarbera** whose career was spent in Finance. See below for more details, contact info and meeting time.

Our 2022 dues collection period ended on February 28th. It is still not too late to send your checks in to Marty Valerio and have your membership continue for the balance of the year.

One last request for this month's newsletter; AU requires a constant flow of new members to make it as great as it is. We increased membership by over 20% last year. We need to continue to promote the club to our friends, family and neighbors. **Dave Voehl** has business cards available at the general meeting. Please stop by and take a few to hand out. They are a terrific, easy tool to introduce AU to friends or strangers alike.

The Activities Unlimited website is just a click away.
For the Home page, click here: <http://www.activitiesunlimited.org/index.html>

ACTIVITIES UNLIMITED

GENERAL MEMBERSHIP INFORMATION



2022 OFFICERS



Doug Cooper
President
908-907-1112



Harry Bennett
1st Vice President
201-891-9527



Jim Atieh
1st Vice President
201-315-5346



Rich Bernarde
Secretary
201-337-5238



Mike Kelley
Treasurer
973-839-6470



Marty Valerio
Assistant Treasurer
201-262-8966

COMMITTEES & CLUBS				COMMITTEES & CLUBS			
Click on BLUE Group name to go to it's web page				Click on BLUE Group name to go to it's web page			
GROUP	CONTACT	PHONE	MEETING	GROUP	CONTACT	PHONE	MEETING
AU Guys Band	John DeSantis	201-447-0256	1,3&4 Wed 9 am Midland Pk VFW	Luncheon	John Abrahamsen	john.abrahamsen.bn@gmail.com 201-739-8589 Selected restaurants by invitation only	
Bocce	Walt Widmer	201-562-8666	M,W,F 10:00 am Ramsey Courts, Oak St		Mark Cohen		
Book Club	Vince Tortorelli Marty Valerio	201-447-3718 201-394-2938	4th Wed 10 am Larkin House	Membership	Dave Voehl Dick Hensch	973-227-6981 201-891-1309	
Database Committee	John Abrahamsen Jim Webb	201-739-8589 201-337-7982		Newsletter	Lou Guarneri Dick Hensch	201-847-1981 201-891-1309	
Dup. Bridge Rub.	Tom Meloro	201-560-0169	Every Wed 1 pm Larkin House On Hold	Pickleball	Tim Tracy Tom Martin	201-560-8911 201-891-3185	Tue & Thur. 9:00 Wyckoff Public Tennis Courts
Care-Concern	Marty Valerio	201-262-8966		Project Outreach	Joe Pullaro	201-337-0018	
Chaplain	Rev Andy Kadzban	201-485-8589		Photography	Murry Perl Sam Ohan	201-446-7357 201-825-0437	1st Tue 10:30 am Midland Pk VFW
Computer Technology	Don Kirkpatrick Fred Theile	201-337-5666 201-825-7541	4th Tue 10:00 am Midland Pk VFW	Public Discussion	Walt Widmer Tom Butler	201-562-8666 201-934-8161	2nd, Wednesday 9:30 at Ambulance Corp Franklin Lake
Garden	Fred Theile	201-981-1801	1st Tue 1:00 pm Midland Pk VFW	Refreshments	Jim Forbes John Gannaway	201-825-0523 201-485-7881	
Golf	Bill Bryne Jim Webb	201-447-5064 201-337-7982	Tues & Thur. 10:50 Paramus Golf Club	Science	Harry Bennett Jack Yurasek	201-891-9527 201-337-4433	3rd Tue 1:00 pm Midland Pk VFW
Long Hiking Short	Don Kirkpatrick Rick Sneyers	201-337-5666 973-248-6625	Mon 9:00 am WRC-Parking Lot	Skiing	Bud Brooks	201-327-6649	Snow
	Fred Theile	201-981-1801	Mon 9:30 am WRC -Parking Lot	Sponsor Liaison	Jim Mallen	201-485-8589	
Historian	Victor Pizzolato	201-612-0038		Stock	Frank Nusspickel John Abrahamsen	201-891-9099 201-848-8037	1st & 3rd Tues. 8:30 am Midland Pk VFW
History	Pablo Catangay Tony Mastandrea	201-684-1217 201-327-8832	4th Tue 1:00 pm Midland Pk VFW	Tennis	Dave Burleigh Bob Meyers	201-762-3707 310-254-8699	M, W & F Time & Place Seasonal
Investment Study	Dennis LaBarbera	201-391-0471	3rd Wed 1:00 pm Midland Pk VFW	Transportation	Frank Nusspickel	201-891-9099	
				Trips/Tours	John Caikowsky Don Wasson	973-599-1056 201-891-1873	2nd Tue 9:00 am Midland Pk VFW
				Web-Master	Don Kirkpatrick	201-337-5666	



Trips & Tours



Trips, Tours & Special Events Calendar

Wednesday, March 30, 2022 HUNTERDON HILLS PLAYHOUSE “Sherlock Returns” An All New Interactive Musical-Mystery Comedy

Buckingham Palace has been robbed and it's up to Sherlock Holmes, Dr. Watson and the audience to solve the crime. A table-served luncheon with outstanding desserts starts at 11:30 am sharp and will precede the show. Please arrive a half hour earlier in order to be checked in and seated. Space is limited and all checks must be received no later than March 1st, 2022. Wives/Significant Others are invited. This is a self drive event. Make checks payable to ACTIVITIES UNLIMITED in the amount of \$75.00 pp and mail to: **DON WASSON** 14 Appert Terrace, Mahwah, NJ 07430.

Please include cell phone number with check.

Any questions contact: Don at donwas@verizon.net, 201-891-1873, cell 201-739-7046

Tuesday, May 10, 2022 Annual Spring Luncheon/Dance at Indian Trail Club, Franklin

Lakes, NJ . Doors open at Noon. Buffet Lunch served at 12:20, with music provided by the AU Band.

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Canada Cruise —The cruise aboard Royal Caribbean’s “Oasis of the Seas” will leave from Port Liberty, Bayonne, NJ on Sunday, June 5th, 2022 and return on Friday, June 10th, 2022.

The itinerary: **Sunday**, Cape Liberty, New Jersey, Departs at 4:00 PM ; **Monday**, Cruising, Day At Sea

Tuesday, Halifax, Nova Scotia, From 7:00 AM - 5:00 PM; **Wednesday**, Saint John, New Brunswick (Bay of Fundy), From 9:20 AM - 9:25 PM; **Thursday**, Cruising, Day At Sea; **Friday**, Cape Liberty, New Jersey, Arrives At 6:00 AM

Itineraries are subject to change without notice

The actual rate will be based on the group rate and number of persons for the stateroom you choose at the time of your booking. As of 9/27/2021, the rate for 2 people in an ocean view balcony stateroom is about \$750.00 pp, which includes taxes and fees, Wives/significant others are invited. A deposit is required at time of booking. We strongly recommend that you consider purchasing travel insurance either from Royal Caribbean or a private insurance company. **AU assumes no liability for this trip.**

To make your reservation, call Royal Caribbean directly at **1-800-465-3595 Option 4**. Tell the agent that you are a member of the Activities Unlimited group and give them our group number: **5503842**.

Any questions, contact **John Caikowsky** at johncaikowsky@optonline.net or 973-599-1056

Please email John when you make your reservation, include your stateroom number.

Welcome New Members

Name(Spouse)	Address	Interests	Phones/Email/(Occupation)
Gary L Rosenbluth (Adrienne)	275 Doremus Avenue Glen Rock, NJ 07452	Short Hikers, Computer, Discussion, Golf, History, Photography, Project Outreach, Pickle Ball, Science, Tennis, Trips & Tours	H: 201-657-4444 C: 201-657-4444 rosenbluth4u@aol.com (Psychologist)
Victor B Bakian (Linda)	97 Avonale Rd Ridgewood, NJ 07450	Bridge Duplicate, Discussion, History, Investment, Luncheon, Science	H: 201-444-9336 C: 201-661-1714 vbakian@yahoo.com (Real Estate Property Management)
Leonard E Levy	22-4 Tamaron Drive Waldwick, NJ 07463	Discussion, Gardening, History, Investment, Stock Club, Trips & Tours	H: 201-857-0994 C: 201-788-1155 leonardlevy33@gmail.com (Florist)
Russell Shaver (Linnea)	544 Eagle Valley Road Tuxedo Park, NY 10987	AU Band	H: 845-753-2024 LINNTWIN1@JUNO.COM

Obituaries

Lee Theodore Cheringal (everyone called him Wes) passed away peacefully on February 6, 2022, surrounded by his loving family.

Wes was an active member of the Orpheus Singing group, and a very active member of Activities Unlimited in Wyckoff. He was the only member of this club to serve as President twice (1996 & 2007). He had a great appreciation for travel, photography, golf, sports, art, gardening, bridge and stamp collecting. Wes always welcomed new members and took them under his wing. He was the one that everyone looked to for his advice and guidance. He had great wisdom, and charm, a quick sense of humor and an intelligence beyond his education. Wes will be deeply missed, and long remembered.

We regret to inform that **JoAnn Nusspickel**, wife of **Frank Nusspickel**, passed away on February 22nd. Donations in JoAnn's memory may be made to the Susan G. Komen Breast Cancer Foundation.

We regret to inform you that **Edwin Schlachman** passed away on February 23rd. Ed was a devoted member of AU, always there to give a helping hand. He will be sorely missed. For those wishing to make memorial donations, the family kindly requests they be directed to Glen Rock Jewish Center.

Upcoming Club Activities

BOCCE

All A/U members are invited to join the group at the Ramsey Courts, Oak St
Monday, Wednesday, and Friday at 10:00 am.
Questions call: **Walt Widmer** 201-562-8666. It's easy and fun.

Book Club

The March meeting of the book club will be on March 22 at 9:30 at the Midland Park VFW. Books to be discussed are *The Spy and the Traitor*, a non-fiction book by Ben McIntire and *Harlem Shuffle*, a novel by Colson Whitehead.

Questions call: **Vince Tortorelli** 201-447-3718 or email: carvince@aol.com

The Golf Club

The annual AU Golf Outing will be played at the **Farmstead Golf Club** on **June 29**
Golfers of all abilities are welcome!

(Note: AU emails are No-Reply, please reply directly to Jim)

If interested, please reply to **Jim Webb**. jimwebb970@gmail.com.

Jim Webb; 201 337 7982 home or 201 788 9085 cell

Garden Club

Yes, the AU Garden Club is up and running. **All are Welcome!**
You are invited to join us in a Roundtable Discussion of a variety of gardening tips, questions and suggestions!

Next Meeting is **Tuesday March 1st at 1:00pm at Midland Park VFW, 28 Farner Ave.** Meetings every other month after that.

Future ideas include:

July or August Special outdoor meeting at Fred's house in Ramsey.

Tour of Neighbor's beautiful garden.

Tour of NJ Botanical Gardens or Wayne Gardens.

NEXT MEETING: May 3rd, 1:00pm at VFW, Midland Park.

Questions or feedback to **Fred Theile** fredtheile@gmail.com

Investment Study Group

The Investment Study Group will meet on the 3rd Wednesday of each month at 10AM at the Larkin House. **Dennis LaBarbera** will now chair these meetings. The mission of this group is to educate members on investment topics such as basic investing, risk management, retirement income planning, tax and estate planning, etc. Industry experts will be invited to share information with attendees, and each meeting will allow for your questions.

All AU members, as well as spouses or partners, are invited to attend. The first meeting of the year will be on Wednesday March 16. Please contact **Dennis LaBarbera** at Dennis.labarbera@yahoo.com to express your interest in joining this group.

History Club

The History Club meeting is on March 22 at 1 pm. The meeting is in person at the VFW Post- Midland Park. The topic: "The Unjustified and Illegal Internment of the Japanese Americans during World War II and the Exploits and Legacy of the 100th Battalion and 442nd Regimental Combat Team, all Japanese Americans soldiers."

Pablo A. Catangay: 201-394-4832; pcata123@optimum.net

Public Discussion

The next Discussion Group meeting is Wednesday, March 9, 2022 at 9:30 am at The Franklin Lakes Ambulance Corp
The town requires masks must be worn inside all town buildings

Questions call: **Walt Widmer** 201-562-8666

Trips & Tours

The next meeting will be held on Tuesday March 8, 2022 at 9:00 am at the Midland Park VFW

If you would like to join T&T, please contact **John Caikowsky** at: johncaikowsky@optonline.net or 973-599-1056

READ ALL ABOUT IT!!!

The Investment Study Group's Stock Picking Contest monthly winner for January is **Fred Thiele**
The guy who makes money when nobody else does! The only member who finished in the black for the month!

Perhaps he was thinking of buying some oil using a credit card and having it delivered by Amazon. IBM would calculate the savings he achieved which would then be put into Blackrock to make more money!



The Golf Club's Winter Luncheon at Fiona's, Midland Park Fed 3rd

The Luncheon Club enjoying a meal on Thursday Feb.17th at Varka's in Ramsey

